Welcome to Safe+Sound Somerset's Volunteer Connection!

This email newsletter will appear in your inbox to keep you informed about Safe+Sound's upcoming events, initiatives, and volunteer opportunities, as well as to celebrate our Volunteer of the Month.
February is Teen Dating Violence Awareness Month.

1 in 3 American teenagers will experience physical, sexual, emotional, or verbal abuse from a dating partner before high school graduation.

Safe+Sound Somerset is leading the charge in Somerset County to create well-informed peer leaders. This month, we are proud to present the 1st annual SPEAK Teen Leadership Conference at Raritan Valley Community College. This conference is FREE for high school students to attend - register here. We'll report back next month!

Recently, we've had the honor of visiting several school districts with our SPEAK programming for middle and high school students, including Bound Brook, Manville, Somerville, and North Plainfield.

Our SPEAK clubs and youth volunteers at the high school level are hard at work preparing for the SPEAK 5K in April. Support Safe+Sound Somerset by registering to run or walk and helping us spread the word!
We're also training 40 hour volunteers to work in Community Outreach - representing S+SS at upcoming community events and delivering our latest materials to local businesses. If you are a 40 hour volunteer and interested, please email Jessica.

Thank you for being a part of our work to help build communities where safety and respect can flourish!

Upcoming S+SS Event
SPEAK Teen Leadership Conference

Sat, Feb 23, 2019, 10am-2pm
Raritan Community College | Free to Attend

For high school students interested in building their capacity for leadership and civic engagement, while increasing their knowledge about healthy friendships and dating relationships.

Check out safe-sound.org in January for additional details and registration information.

Know an interested high school student?
Deadline to register: 2/17. Limited to the first 100 students.

Register Now

Upcoming S+SS Event
SPEAK 5K
"Running For Healthy Relationships"

Sunday, April 7, 2019 | 9am (8am Registration)

Rain or Shine | Prizes for Runners & Fundraisers (Team & Individual)

Duke Island Park in Bridgewater, NJ

Register Now

Featured Volunteer Opportunity

Legal Advocates
Our Legal Advocacy Team assists survivors and their families at the Somerville Courthouse. Based on the

Save The Date!

Volunteer Celebration of Service
Wed. April 10 from 6-7:30 PM
success of this program, S+SS now offers advocates Monday through Friday. Read more in this recent article by Tap Into Somerville. For more information about how to volunteer, please email Deanna.

United Reformed Church
100 W. Main St., Somerville, NJ 08876

We hope to see you there!

Coming Soon
Spring dates for Safe+Sound Somerset's 40 Hour Volunteer Program - online and in-person.

On the Web
In honor of Teen Dating Abuse Awareness Month, read about how financial abuse impacts teenagers and ways for adults to discuss it with them (from One Love, an organization dedicated to promoting healthy relationships).

Volunteer of the Month
After completing Safe+Sound Somerset's 40-Hour Training last fall, Abby volunteered two full days per week in January. She rolled up her sleeves and led the troops, transforming the holiday store back to a functional room. Abby also managed the front office, designed a tracking tool for client feedback, trained new pantry volunteers, and developed creative content for a special event. Abby’s energy, enthusiasm, and willingness to pitch in were enormous assets.
Thank you, Abby! We appreciate all you do for our clients and the community.

Contact

To volunteer: Deanna Keller, Volunteer Associate
Comments or questions about the newsletter or special events: Jessica Skultety, Community Outreach Associate

24 Hour Call/Text Hotline: 866-685-1122

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Safe+Sound Somerset, Inc
427 Homestead Road, Hillsborough, NJ 08844